

by Pariss Garramone

# hand made



I see your 'exercising'—all of it—as everyday resistance to stereotypes and ageism.

*I don't think its going to prevent me from aging, it just makes me feel better.*



I have seen her give lots of treatments, but this is the first one I've had.

I see your work as a practitioner and with the community of other therapeutic touch therapists as an everyday act of resisting traditional Western medicine.

*Yeah, that's exactly why I started to do this. Therapeutic touch can release stored emotions.*

